

WAYNE JR. HIGH TRACK INVITE

Tuesday, May 6, 2025

Kern Track, Wayne NE

Admission: \$4 adults \$3 students

From: Dave Wragge, Athletic Director (375-3150) dawragg1@waynebluedevels.org
Diana Davis, Jr. High Track Coach didavis1@waynebluedevels.org

TEAMS: Hartington Cedar Catholic, Norfolk JH, Pierce, Plainview, Schuyler, South Sioux City, Wakefield, Wayne

- The track is located just south of the Junior/Senior High School building.
- Parking is available in the gravel lot north of the track. Please park the buses along the west side to keep as much parking for spectators near the track.
- There will be a coaches meeting at 10:30 a.m. to go over the meet organization and assignments. Work assignments have been listed. Coaches need to provide their own helpers for each event. Thanks for your assistance. In order to get the field events started on time, we will need all scratch and add forms at the meeting.
- Team camps can be set up on the hill to the west or outside of the fenced area.
- 1/8" spikes are allowed on the track and runways with longer spikes resulting in disqualification. The shot and discus rings are on a concrete surface.
- Entry fee is \$75 for girls' teams, \$75 for boys' teams. Total \$150 per school for all teams. Entries are due on **Monday, May 5th by 11 am.** Each team may enter a maximum of 3 participants in each event. Each participant may enter a maximum of 4 events. One relay per school. We are using bound for online entries. If you have questions, contact Diana Davis.
- All events will be run against time. If no times are indicated, NM will be entered as a slow time.
- There will be a 7th grade and 8th grade division for all events-boys & girls.
- We will be using a timing system so please remind your athletes to get their hip numbers before their running event.
- Hurdle distance and heights: 100 m. & 195 hurdles: girls-30", boys 33"
- All field events (except HJ & PV) will consist of 3 attempts, no finals. Starting height will be set at the coaches meeting.

Field Event Assignments:

Pole Vault-girls followed by boys (Wayne--Beair)

Boys High Jump-7th followed by 8th (Plainview)-south pit

Girls High Jump-7th followed by 8th (South Sioux City)-north pit

Girls Shot Put-8th followed by 7th (Wayne--Sammi G.)-east pit

Boys Shot Put-7th followed by 8th (Wayne--Brandon Hall)-west pit

Girls Discus-7th followed by 8th (Schuyler)-south ring

Boys Discus-8th followed by 7th (Norfolk)-north ring

Girls Long Jump-8th grade followed by 7th (Wakefield)-east runway

Boys Long Jump-7th grade followed by 8th (Wayne-Brian Kesting)-west runway

Girls Triple Jump-to follow girls Long jump (Pierce)(8th then 7th)-east

Boys Triple Jump-to follow boys Long Jump (HCC)(7th then 8th)-west

Schedule of events

Field Events: 11 am

Running events: 1 pm

7G, 8G, 7B, 8B

Field Events--start at 11 am

Pole Vault-girls followed by boys

Boys High Jump-7th followed by 8th-south pit

Girls High Jump-7th followed by 8th -north pit

Girls Shot Put-8th followed by 7th -east pit

Boys Shot Put-7th followed by 8th -west pit

Girls Discus-7th followed by 8th -south ring

Boys Discus-8th followed by 7th -north ring

Girls Long Jump-8th grade followed by 7th -east runway

Boys Long Jump-7th grade followed by 8th-west runway

Girls Triple Jump-to follow girls Long jump (8th then 7th)-east

Boys Triple Jump-to follow boys Long Jump (7th then 8th)-west

Running Events--start at 1 pm

ALL RUNNING EVENTS ARE FINALS

100 m. hurdles

100 m.

1600 m.

Medley Relay (100, 100, 200, 400)

195 m. hurdles

400 m

200 m

800 m

4x100 relay

4x400 relay